



Youth Summer Recreational Assistant Coach Summary

The Youth Summer Recreational Assistant Coach strives to provide every student-athlete a fun introduction to or continuation of their rowing that is safe, healthy and challenging. The Coach exemplifies principles of sportsmanship and respect for all individuals while fostering team spirit and community. The Coach helps young CRI athletes build their knowledge and fitness while building a memorable relationship to the rowing community.

Areas of responsibility

- Promote a positive environment of health and personal growth
- Teach a wide range of athletes the fundamentals of sweep rowing
- Teach athletes fundamentals of teamwork, fitness, injury prevention and goal setting
- Execute age- and skill-appropriate practice plans
- Manage equipment needs and teach basic equipment care
- Ensure compliance with the rules of rowing on the Charles River

Skills

- Excellent communication skills are required
- Ability to teach sweep technique
- Ability to plan water and land based workouts that are safe and appropriate for the athletes
- Ability to modulate technical and physical training to the physiological and psychological needs of the younger and less experienced athletes
- Strong leadership and interpersonal skills
- Strong cooperative ability to work with others, sharing space and equipment with other CRI programs
- Experience working with youth and prior coaching experience preferred
- Launch handling and basic use/care
- Basic rigging

Reports to - Manager of Youth Recreational Rowing

Physical Requirements:

- Ability to step on uneven surfaces to safely move between all water vessels and docks
- Ability to lift a 30lb. gas tank for every outing and carry it to and from the boathouse
- Ability to project your voice with assistance from a power megaphone
- Ability to stand for extended periods in adverse weather conditions on the water